

1975 Region 5A - Saturday, May 31 at Cold Spring

Teams: Litchfield 74, Mound 74, Eden Prairie 70, Orono 56.5, Benilde 53, Buffalo 30, Albany 22, St. Cloud Cathedral 16 Golden Valley 16, Blake 15, Mpls Marshall-University 14, Chaska 11, Monticello 8, Rocori 8, Dassel-Cokato 8, Waconia 6, Minnehaha Academy 6, Sauk Rapids 3, Pierz 2, DeLaSalle 0.5

120 Yd High Hurdles

- 1 Ederer, Orono 14.5
- 2 Gilbertson, EP 14.9

100 Yd Dash

- 1 Rick Kjolsing, Litch 10.1
- 2 Mackey EP 10.2

Mile Run

- 1 Nort Hatlie, Benilde 4:24.6
- 2 Dan Roden, Orono 4:26.5

880 Yd Relay

- 1 Mound 1:33.5
- 2 Eden Prairie 1:33.6

440 Yd Dash

- 1 Rick Kjolsing, Litch 50.3
- 2 Dunmore, Marshall-U 51.4

180 Yd Low Hurdles

- 1 Ederer, Orono 20.1
- 2 Gilbertson, EP 20.2

880 Yd Run

- 1 Paul Hazuka, Benilde 1:58.4
- 2 Tim Oas Mound 1:59.4

Sprint Medley Relay

- 1 Benilde 3:38.6
- 2 Eden Prairie 3:43.4

220 Yd Dash

- 1 Rick Kjolsing, Litch 22.3
- 2 Mackey EP 22.5

Two Mile Run

- 1 Terry Alexander, Golden Valley 9:36.7
- 2 Miller, Rocori 9:59.3

Mile Relay

- 1 Mound 3:25.6
- 2 Benilde 3:26.8

Discus

- 1 Weida, Litch 148-0
- 2 Mellgren, Chaska 132-4

Shot Put

- 1 Dirkes, Albany 50-5.5
- 2 Block, Mound 49-6.5

Long Jump

- 1 Kjolsing, Litch 21-5.5
- 2

High Jump

- 1 Evans, Albany 6-2
- 2 Klug, Litch 6-2

Pole Vault

- 1 Brandt, Eden Pr 12-6
- 2 Ducharme, Orono 12-0

Notes: